



Stress and ADHD

Stress management and pharmacotherapy

<https://wasad2023.org/>

Tuesday, 12 September 2023, 12:00–13:00 h

Eidgenössische Technische Hochschule Zürich (ETH Zurich) • Gloriastrasse 35 • 8092 Zurich, Switzerland

Is there a connection between stress and ADHD?

People concerned with ADHD often find themselves in stressful situations. Their hormonal stress system reacts more intensely and their coping mechanisms, whether physical or psychological, are less pronounced.

Prof. Retz will show the connection between ADHD and stress and give insights into how you can support your ADHD patients in coping with stress.

In addition, Prof. Hasler will discuss the pharmacological spectrum of ADHD treatment.

CHAIR



**Prof. Dr. med. Dipl.-Psych.
Susanne Walitza**

Director of the Centre of Child and Adolescent Psychiatry and Psychotherapy, Zurich

SPEAKERS



Prof. Dr. med. Wolfgang Retz

Director of the Institute for Forensic Psychology and Psychiatry at the University of Saarland, Homburg/Saar
Head of Forensic Psychiatry and Psychotherapy at the University Medical Centre Mainz



Prof. Dr. med. Gregor Hasler

Full Professor of Psychiatry and Psychotherapy at the University of Freiburg (CH)
Chief Physician of the Freiburg Network for Mental Health

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