



A STRESS-FREE SYMPHONY: CONTEMPORARY APPROACHES FOR UNDERSTANDING AND ADDRESSING STRESS

SATELLITE SYMPOSIUM

Organized by **-Heel**
Healthcare designed by nature

Agenda

- 13:00 **Welcome and introduction**
Prof. Dr. Veronika Engert (Chair), Jena, Germany
- 13:05 **Everyday stress and hassles: how to detect and counteract**
Prof. Dr. Veronika Engert, Jena, Germany
- 13:20 **Audience Q&A**
- 13:25 **Research domain criteria – transforming the understanding and treatment of mental illnesses**
Prof. Dr. Rudy Schreiber, Maastricht, Netherlands
- 13:40 **Audience Q&A**
- 13:45 **Neuronal correlates of Neurexan[®] action in mildly to moderately stressed probands**
Marina Krylova, MSc., Jena, Germany
- 14:00 **Audience Q&A**
- 14:05 **The art of healing: clinical cases**
Dr. med. Stefan Pecher, Fichtelberg (Bavaria), Germany
- 14:20 **Audience Q&A and close**

This symposium is not affiliated with WASAD.

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